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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Class | **First (10:15-11:00)** | | | **Second (11:00-11:40)** |  | **Third (11:50-12:30)** | **Fourth (12:30-13:10)** | | **Fifth (13:10-13:50)** |  | **Sixth (14:15-14:55)** | **Seventh (14:55-15:35)** | **Eighth (15:35-16:15)** | | |
| 12Bio | Biology  Sunil Paudel | | | Nepali  RukmaniPaudel |  | Chemistry  Rupak | English  KantiBinod | | Physics(1-3) RajanGh  Chemistry(4-6) Ramesh |  | Physics  RajanGhimirel | (1-3) …  Biology(4-6) Sunil | Physics Practical 8th 9th period  ( RajanGhimire) 2 days | | |
| 12 Math | Mathematics  Gajendra | | | Chemistry  Rupak |  | English  KantiBinod | Nepali  Rama | | Physics  BibekBaral |  | Physics(1-3)Sujan  Math(4-6) Gajendra | Physics(1-3) Bibek  (4-6) … | Physics Practical 8th 9th period  ( Bibek)2 days | | |
| 12 Tech | Physic  pr (2 days) Sujan Gh | | Physics  Sujan Gh. | Chemistry  Ramesh Adhikari |  | Mathematics  EkaBahadur | DCN  Milan Baniya | | Nepali  Gaukumari |  | English  KalpanaNeupane | WDD  Shailendra | Math(1-3) Eka Bdr  Chem(4-6) Ramesh | | Physics(4-6)  SujanGhimire |
| 11A | Chemistry  Rupak | | | Physics  RajanGhimirel |  | Biology  Sunil Paudel | English  Pushpakala Bhattarai | | Mathematics  Anil |  | Maths(1-3) Arjun Adhikari  Chem(4-6) Rupak | Biology(1-3) Sunil  Physics(4-6) Rajan | Physics Practical 8th 9th period ( RajanGhimire)  2 days | | |
| 11B | Physic  pr (2 days) Bibek | | Chemistry  Ramesh | English  Pushpakala |  | Math(1-3) Gajendra  Physics(4-6) Bibek | Physics(1-3)Bibek  Biology(4-6) Sunil | | Mathematics  Gajendra |  | Biology  Sunil Paudel | Chem (1-3) Ramesh  Physics(4-6) Bibek |  | | |
| 11 Tech | Physic  pr (2 days ) Suja | | CP  Shailendra | Matheamatics  Arjun Adhikari |  | Chemistry  Ramesh Adhikari | Physics  SujanGhimire | | CHA(1-3) Milan  Physics (4-6) SujanGhimire |  | English  Santa Thapa | CHA(1-3) Milan B  Math (4-6) Sujan Gh | Chemistry(1-3) Ramesh Adhikari | | |
| **10 A** | Mathematics  ReshamKhulal | | | Social Studies  HomnathKhanal |  | Nepali  GauKumariNeupane | Account  BishnuDhakal | | Science  KantiBinodNeupane |  | Economics  HomnathKhanal | English  Kamal Acharya | Health & Pop  HomnathKhanal | | |
| **10 B** | Nepali  GauKumariNeupane | | | Science  EkaBdr. Gurung | Social Studies  Ashok Giri | Account  Om Prasad Paudel | | Health & Pop  Pramod Paudel | Mathematics  ReshamKhulal | English  GyanKumari Shrestha | Economics  RishikeshDhakal | | |
| **10 C** | Account  Om Prasad Paudel | | | Mathematics  Raj Dharel | Health & Pop  DeepaKhadka | Social Studies  Kamal Acharya | | Economics  Sabitri Shrestha | English  Kanti Binod | Science  Sudip Ale | Nepali  RukmaniPaudel | | |
| **10 D** | Mathematics  RadhaGhimire | | | Social Studies  HariGautam | English  Santa Thapa | Computer  PradipAdhikari | | Opt Math  Raj Dharel | Science  RameshAdhikari | Nepali  RukmaniPaudel | Health & Pop  KalpanaNeupane | | |
| **10 E** | DBMS  Pradip | CN(1-5)  MP(6)Milan | | C++ (1-5)Shailendra  CRM (6)Sushil Shah | Mathematics  Arjun Adhikari | EDC (1-5)  CRM (6) Sushil Shah | | CRM (1-3)-Sushil Shah  MP (4-6) -Milan Baniya | Science  Bibek Baral | Nepali  GauKumariNeupane | English  Puspakala | Opt. Maths  Arjun Adhikari | | |
| **10 F** | Nepali  Rama Sapkota | | | Science  RishikeshDhakal | Social Studies  HariGautam | Computer  SujanStha | | Mathematics  SushilNaral | Health & Pop  Sabitri | Opt Math  GajendraPaudel | English  SaraswotiGurung | | |
| **10 G** | Mathematics  SushilNaral | | | Health & Pop  Sabitri Shrestha | Computer  Milan Baniya | Nepali  RukmaniPaudel | | Science  Rupak Shrestha | Social Studies  Ashok Giri | Opt Math  Anil Shrestha | English  HariGautam | | |
| **10 H** | Nepali  Janaki Acharya | | | English  Ashok Giri | Science  RajanGhimire | Mathematics  Anil Shrestha | | Social Studies  Kamal Acharya | Computer  ShailendraPaudel | Opt Math  SushilNaral | Health & Pop  DeepaKhadka | | |
| **10 I** | English  Meena Sharma | | | Computer  ArbinTamang | Social Studies  Kamal Acharya | Mathematics  GajendraPaudel | | Science  Sunil Paudel | Opt Math  EkaBdr. Gurung | Health & Pop  Santa Thapa | Nepali  Rama Sapkota | | |
| **9 A** | Health & Pop  Sabitri Shrestha | | | Mathematics  RadhaGhimire | Nepali  RukmaniPaudel | Science  EkaBdr. Gurung | | Opt. Mathematics  RishikeshDhakal | Computer  Milan Baniya | English  PuspakalaBhattarai | Social Studies  Kamal Acharya | | |
| **9 B** | Science  RishikeshDhakal | | | Mathematics  ReshamKhulal | English  SaraswotiGurung | Health & Pop  KalpanaNeupane | | Nepali  Rama Sapkota | Social Studies  Gyan K. Shrestha | Opt Math  EkaBdr. Gurung | Computer  Sushil Shah | | |
| **9 C** | Social Studies  Kalpana | | | Mathematics  UdayaBhattarai | Account  Om Prasad Paudel | Science  Sudip Ale | | Nepali  Janaki Acharya | Health & Pop  PramodPaudel | English  AaitimayaTamang | Economics  Sabitri Shrestha | | |
| **9 D** | Nepali  RukmaniPaudel | | | English  Meena Sharma | Mathematics  SushilNaral | Science  BijayaKhanal | | Computer  ShailendraPaudel | Health & Pop  DeepaKhadka | Social Studies  HariGautam | Opt. Mathematics  Arjun Adhikari | | |
| **9 E** | WPD (1-5)  ArbinTamang | | ED (1-5)  CF (6) Pradip | EE (1-5) Sushil Shah  C (6) Shailendra | C (1-3) Shailendra  CF (4-6) Pradip | Mathematics  ReshamKhulal | | English Santa Thapa  CF (6)Pradip | Nepali  GauKumariNeupane | Science (1-3) Sujan G  Science (4,5) Ramesh | Opt. Math(1-5)  Resham Khulal | FDS  Sujan Shrestha | |
| **9 F** | Opt. Mathematics  Raj Dharel | | | Health & Pop  DeepaKhadka | English  Puspakala | Social Studies  Gyan K. Shrestha | | Mathematics  Karun Kafle | Science  RishikeshDhakal | Computer  ArbinTamang | Nepali  Janaki Acharya | | |
| **9 G** | Social Studies  SaraswotiGurung | | | Science  Sabita Acharya | Health & Pop  Gyan K. Shrestha | Mathematics  RadhaGhimire | | English  HariGautam | Account  Om Prasad | Nepali  Rama Sapkota | Economics  Om Prasad Paudel | | |
| **9 H** | English  KantiBinodNeupane | | | Computer  PradipAdhikari | Nepali  Rama Sapkota | Social Studies  ArbinTamang | | Science  Sudip Ale | Mathematics  Raj Dharel | Health & Pop  SaraswotiGurung | Opt Math  SushilNaral | | |
| **8 A** | English  AaitimayaTamang | | | Nepali  Janaki Acharya | Science  Sudip Ale | Mathematics  UdayaBhattarai | | Social Studies  Laxmi Ale | Computer (1-3)-Arbin  O.Math (4-5) SujanStha | HPE (1-3)-Sabitri  Civic (4-5)- Meghraj | OBTE  Aaitimaya | | |
| **8 B** | Social Studies  BinduChhetri | | | Mathematics  RajendraPandit | Science  SrijanaThapa | English  DeepaKhadka | | OBTE  Meena Sharma | Nepali  Janaki Acharya | Civic (1-3) Meghraj  O. Math(4-5) Bijaya | Computer (1-3) Sunita Tiwari  HPE (4-6)- Sunita Tiwari | | |
| **8 C** | Science  Sabita Acharya | | | OBTE  Tajubdin Miya | Civic (1-3)- Jhalak  HPE (4-6) Sandesh Adhikari | Social Studies  Meena Sharma | | English  Kalpana Neupane | Mathematics  RadhaGhimire | Computer(1-3)-Pradip  O. Math(4-5)- SujanStha | Nepali  GauKumariNeupane | | |
| **8 D** | Social Studies  Santa Thapa | | | Science  Sudip Ale | Nepali  UdayaBhattaria | Civic (1-3)- Jhalak  HPE (4-6)-PramodPaudel | | Mathematics  BijayaKhanal | O. Math(1-2)- Bijaya  Computer(3-5) Pradip | English  Meena Sharma | OBTE  Asha Thapa | | |
| **7 A** | English  GyanKumari Shrestha | | | Social Studies  SaraswotiGurung | Computer  ArbinTamang | Science  SrijanaThapa | | Civic (1-3)- Meghraj  HPE (4-6)- Deepa | OBTE  Aaitimaya | Nepali  Janaki Acharya | Mathematics  RadhaGhimire | | |
| **7 B** | English  Tajubdin Miya | | | Nepali  MegharajKafle | Social Studies  PramodPaudel | Computer  Santa Thapa | | Civic (4-6)- Homnath  HPE (1-3)- Homnath | Science  SrijanaThapa | OBTE  Laxmi Ale | Mathematics  Karun Kafle | | |
| **7 C** | Science  Karun Kafle | | | Computer  SandeshAdhikari | Mathematics  BijayaKhanal | English  Laxmi Ale | | Social Studies  Tajubdin Miya | HPE(1-3)- Saraswoti Civic (4-6)- Jhalak | OBTE  PramodPaudel | Nepali  MegharajKafle | | |
| **7 D** | English  Laxmi Ale | | | Science  BijayaKhanal | Computer  Sujan Shrestha | OBTE  Tajubdin Miya | | HPE (1-2)-SandeshAdhikari  Civic (3-6)- Jhalak | Nepali  UdayaBhattaria | Social Studies  Asha Thapa | Mathematics  Raj Dharel | | |
| **6 A** | Mathematics  SabitaAdhikari | | | English  PramodPaudel | Science  Karun Kafle | OBTE  Asha Thapa | | Social Studies  UpendraPariyar | Civic (1-3)- Meghraj  HPE (4-5)- Tajub | Nepali  Jamuna. | Computer  BinduChhetri | | |
| **6 B** | English  Asha Thapa | | | OBTE  BinduChhetri | Computer  Sunita Tiwari | Nepali  Khum | | Science  Sabita Acharya | Civic (4-6)- Meghraj  HPE (1-3)- Tajub | Mathematics  Karun Kafle | Social Studies  UpendraPariyar | | |
| **6 C** | Social Studies  SandeshAdhikari | | | Science  SrijanaThapa | OBTE  UpendraPariyar | English  AaitimayaTamang | | Nepali  Uma Rana | Civic (1-3)-Jhalak  HPE (4-5)- Asha | Mathematics  UdayaBhattarai | Computer  SandeshAdhikari | | |
| **5 A** | Nepali  PuspaPokherel | | | Science  Sunita Tiwari | Social Studies  Asha Thapa | Mathematics  SabitaAdhikari | | Paragon Eng  Sunita Tiwari | Comput (1-3) Upendra  GK(4-5)- Nabina | English Supp  UpendraPariyar | Nepali  PuspaPokherel | | |
| **5 B** | Social Studies  Nabina Shrestha | | | Nabina Shrestha | Nepali  Khum Bahadur | Nabina Shrestha | | Nabina Shrestha | Mathematics  SabitaAdhikari | Science  SrijanaThapa | Nabina Shrestha | | |
| **5 C** | English  SunitaPantha | | | SunitaPantha | Social Studies  Tajubdin Miya | SunitaPantha | | Nepali  KhumRana | SunitaPantha | Science  Sabita Acharya | SunitaPantha | | |
| **4 A** | Supplementary Eng  UpendraPariyar | | | Nepali  Uma Rana | Nepali  Uma Rana | Science  Sunita Tiwari | | Mathematics  SabitaAdhikari | Social  SandeshAdhikari | GK (1-3)–Rajendra P.  Computer(4-5)- Bindu | Paragon English  Laxmi Ale | | |
| **4 B** | Social Studies  KhemBahadurThapa | | | Mathematics  Khem Bahadur | Paragon  Laxmi Ale | Science  BinduChhetri | | Nepali  PuspaPokhrel | Nepali  KhumRana | GK (4-5)–Rajendra  Comput (1-3)-Khem. | Supplementary Eng.  KhemBahadurThapa | | |
| **3 A** | Social Studies  ShantaKandel. | | | Paragon English  Aaitimaya |  | Nepali PuspaPokherel  Maths(4,5,6) Sabita A. | | Nepali  PuspaPokherel | Computer/GK  RajendraPandit |  | Science  Sunita Tiwari | Mathematics  SabitaAdhikari | Supplementary English  PramodPaudel | | |
| **3 B** | Science  SanimayaGurung | | | Social  SanimayaGurung |  | Mathematics  SanimayaGurung | Computer/GK  RajendraPandit | | English  SanimayaGurung |  | Nepali  Uma Rana | SanimayaGurung | Nepali  Uma Rana | | |
| **2 A** | Nepali  JamunaPaudel | | | Nepali  JamunaPaudel |  | Science  Sabita Acharya | English  RinkuKumari Thakur | | English  Sunita G.C. |  | Mathematics  Khem Bahadur | Comp.(1-3)Sunita Pan  GK(4-5)-Pushpa Pokh. | Social Studies  Shanta Devi Pantha | | |
| **2 B** | Supplement English  Madhu Shrestha | | | Nepali  Madhu Shrestha |  | GK(1-3)Bindu Chhetri  Comp(4-6) Pushpa | Paragon Eng  Sunita G.C. | | Nepali  Madhu Shrestha |  | Math  Madhu Shrestha | Science  Madhu Shrestha | Social  Sunita G.C | | |
| **1 A** | Nepali  NirmalaKhanal | | | Nepali  NirmalaKhanal |  | Science  Sunita G.C. | Mathematics  NirmalaKhanal | | Social Studies  NirmalaKhanal |  | Computer/GK  Santa Devi Pantha | English  Sunita G.C. | English Supp  NirmalaKhanal | | |
| **1 B** | English  RinkuKumari Thakur | | | RinkuKumari Thakur |  | Comp(1-3)  GK(4-6)Shanta Pantha | Nepali  JamunaPaudel | | Nepali  JamunaPaudel |  | RinkuKumari Thakur | RinkuKumari Thakur | RinkuKumari Thakur | | |
| **PP2** | English  Laxmi Devi Khanal | | | Laxmi Devi Khanal  Sunita G.C. |  | Laxmi Devi Khanal | Laxmi Devi Khanal | | Laxmi Devi Khanal |  | Laxmi Devi Khanal |  |  | | |
| **PP1** | English  SaraswotiTimalsena | | | SaraswotiTimalsena |  | SaraswotiTimalsena | SaraswotiTimalsena | | SaraswotiTimalsena |  | SaraswotiTimalsena |  |  | | |