|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Class | **First (10:15-11:00)** | **Second (11:00-11:40)** |  | **Third (11:50-12:30)** | **Fourth (12:30-13:10)** | **Fifth (13:10-13:50)** |  | **Sixth (14:15-14:55)** | **Seventh (14:55-15:35)** | **Eighth (15:35-16:15)** |
| 12Bio | BiologySunil Paudel | Nepali RukmaniPaudel |  | Chemistry Rupak | English KantiBinod | Physics(1-3) RajanGhChemistry(4-6) Ramesh |  | PhysicsRajanGhimirel | (1-3) …Biology(4-6) Sunil | Physics Practical 8th 9th period ( RajanGhimire) 2 days |
| 12 Math | MathematicsGajendra | Chemistry Rupak |  | English KantiBinod | NepaliRama | PhysicsBibekBaral |  | Physics(1-3)Sujan Math(4-6) Gajendra | Physics(1-3) Bibek(4-6) … | Physics Practical 8th 9th period ( Bibek)2 days  |
| 12 Tech | Physicpr (2 days) Sujan Gh | PhysicsSujan Gh. | ChemistryRamesh Adhikari |  | MathematicsEkaBahadur | DCNMilan Baniya | NepaliGaukumari |  | English KalpanaNeupane | WDDShailendra | Math(1-3) Eka BdrChem(4-6) Ramesh | Physics(4-6)SujanGhimire |
| 11A | Chemistry Rupak | PhysicsRajanGhimirel |  | BiologySunil Paudel | English Pushpakala Bhattarai | MathematicsAnil |  | Maths(1-3) Arjun AdhikariChem(4-6) Rupak | Biology(1-3) SunilPhysics(4-6) Rajan | Physics Practical 8th 9th period ( RajanGhimire)2 days |
| 11B | Physicpr (2 days) Bibek | Chemistry Ramesh | English Pushpakala |  | Math(1-3) GajendraPhysics(4-6) Bibek | Physics(1-3)BibekBiology(4-6) Sunil | Mathematics Gajendra |  | BiologySunil Paudel | Chem (1-3) RameshPhysics(4-6) Bibek |  |
| 11 Tech | Physicpr (2 days ) Suja | CPShailendra | MatheamaticsArjun Adhikari |  | ChemistryRamesh Adhikari | Physics SujanGhimire | CHA(1-3) Milan Physics (4-6) SujanGhimire |  | English Santa Thapa | CHA(1-3) Milan BMath (4-6) Sujan Gh | Chemistry(1-3) Ramesh Adhikari |
| **10 A**  | Mathematics ReshamKhulal | Social StudiesHomnathKhanal |  | NepaliGauKumariNeupane | AccountBishnuDhakal | Science KantiBinodNeupane |  | EconomicsHomnathKhanal | EnglishKamal Acharya | Health & Pop HomnathKhanal |
| **10 B** | NepaliGauKumariNeupane | ScienceEkaBdr. Gurung | Social StudiesAshok Giri | AccountOm Prasad Paudel | Health & Pop Pramod Paudel | MathematicsReshamKhulal | EnglishGyanKumari Shrestha | EconomicsRishikeshDhakal |
| **10 C** | AccountOm Prasad Paudel | MathematicsRaj Dharel | Health & Pop DeepaKhadka | Social StudiesKamal Acharya | EconomicsSabitri Shrestha | EnglishKanti Binod | ScienceSudip Ale | NepaliRukmaniPaudel |
| **10 D** | MathematicsRadhaGhimire | Social StudiesHariGautam | EnglishSanta Thapa | ComputerPradipAdhikari | Opt MathRaj Dharel | ScienceRameshAdhikari | NepaliRukmaniPaudel | Health & Pop KalpanaNeupane |
| **10 E** | DBMSPradip | CN(1-5)MP(6)Milan | C++ (1-5)ShailendraCRM (6)Sushil Shah  | MathematicsArjun Adhikari | EDC (1-5) CRM (6) Sushil Shah | CRM (1-3)-Sushil ShahMP (4-6) -Milan Baniya | ScienceBibek Baral | NepaliGauKumariNeupane | EnglishPuspakala | Opt. MathsArjun Adhikari |
| **10 F** | NepaliRama Sapkota | ScienceRishikeshDhakal | Social StudiesHariGautam | ComputerSujanStha | MathematicsSushilNaral | Health & Pop Sabitri | Opt MathGajendraPaudel | EnglishSaraswotiGurung |
| **10 G** | MathematicsSushilNaral | Health & Pop Sabitri Shrestha | ComputerMilan Baniya | NepaliRukmaniPaudel | ScienceRupak Shrestha | Social StudiesAshok Giri | Opt MathAnil Shrestha | EnglishHariGautam |
| **10 H** | NepaliJanaki Acharya | English Ashok Giri | ScienceRajanGhimire | MathematicsAnil Shrestha | Social StudiesKamal Acharya | ComputerShailendraPaudel | Opt MathSushilNaral | Health & Pop DeepaKhadka |
| **10 I** | EnglishMeena Sharma | ComputerArbinTamang | Social StudiesKamal Acharya | MathematicsGajendraPaudel | Science Sunil Paudel | Opt MathEkaBdr. Gurung | Health & Pop Santa Thapa | NepaliRama Sapkota |
| **9 A** | Health & Pop Sabitri Shrestha | MathematicsRadhaGhimire | NepaliRukmaniPaudel | ScienceEkaBdr. Gurung | Opt. MathematicsRishikeshDhakal | ComputerMilan Baniya | EnglishPuspakalaBhattarai | Social StudiesKamal Acharya |
| **9 B** | ScienceRishikeshDhakal | Mathematics ReshamKhulal | EnglishSaraswotiGurung | Health & Pop KalpanaNeupane | NepaliRama Sapkota | Social StudiesGyan K. Shrestha | Opt MathEkaBdr. Gurung | ComputerSushil Shah |
| **9 C** | Social StudiesKalpana | Mathematics UdayaBhattarai | AccountOm Prasad Paudel | ScienceSudip Ale | NepaliJanaki Acharya | Health & Pop PramodPaudel | EnglishAaitimayaTamang | EconomicsSabitri Shrestha |
| **9 D** | NepaliRukmaniPaudel | EnglishMeena Sharma | MathematicsSushilNaral | ScienceBijayaKhanal | ComputerShailendraPaudel | Health & Pop DeepaKhadka | Social StudiesHariGautam | Opt. MathematicsArjun Adhikari |
| **9 E** | WPD (1-5)ArbinTamang | ED (1-5)CF (6) Pradip | EE (1-5) Sushil ShahC (6) Shailendra | C (1-3) ShailendraCF (4-6) Pradip | Mathematics ReshamKhulal | English Santa ThapaCF (6)Pradip | NepaliGauKumariNeupane | Science (1-3) Sujan GScience (4,5) Ramesh | Opt. Math(1-5)Resham Khulal | FDSSujan Shrestha |
| **9 F** | Opt. MathematicsRaj Dharel | Health & Pop DeepaKhadka | EnglishPuspakala | Social StudiesGyan K. Shrestha | MathematicsKarun Kafle | ScienceRishikeshDhakal | ComputerArbinTamang | NepaliJanaki Acharya |
| **9 G** | Social StudiesSaraswotiGurung | ScienceSabita Acharya | Health & Pop Gyan K. Shrestha | MathematicsRadhaGhimire | EnglishHariGautam | Account Om Prasad  | NepaliRama Sapkota | EconomicsOm Prasad Paudel |
| **9 H** | EnglishKantiBinodNeupane | ComputerPradipAdhikari | NepaliRama Sapkota | Social StudiesArbinTamang | ScienceSudip Ale | Mathematics Raj Dharel | Health & Pop SaraswotiGurung | Opt MathSushilNaral |
| **8 A** | EnglishAaitimayaTamang | NepaliJanaki Acharya | ScienceSudip Ale | MathematicsUdayaBhattarai | Social StudiesLaxmi Ale | Computer (1-3)-ArbinO.Math (4-5) SujanStha | HPE (1-3)-SabitriCivic (4-5)- Meghraj | OBTEAaitimaya |
| **8 B** | Social StudiesBinduChhetri | MathematicsRajendraPandit | ScienceSrijanaThapa | EnglishDeepaKhadka | OBTEMeena Sharma | NepaliJanaki Acharya | Civic (1-3) MeghrajO. Math(4-5) Bijaya | Computer (1-3) Sunita TiwariHPE (4-6)- Sunita Tiwari |
| **8 C** | ScienceSabita Acharya | OBTETajubdin Miya | Civic (1-3)- JhalakHPE (4-6) Sandesh Adhikari  | Social Studies Meena Sharma | EnglishKalpana Neupane | MathematicsRadhaGhimire | Computer(1-3)-PradipO. Math(4-5)- SujanStha | NepaliGauKumariNeupane |
| **8 D** | Social StudiesSanta Thapa | ScienceSudip Ale | NepaliUdayaBhattaria | Civic (1-3)- JhalakHPE (4-6)-PramodPaudel | MathematicsBijayaKhanal | O. Math(1-2)- BijayaComputer(3-5) Pradip | EnglishMeena Sharma | OBTEAsha Thapa |
| **7 A** | EnglishGyanKumari Shrestha | Social StudiesSaraswotiGurung | ComputerArbinTamang | ScienceSrijanaThapa | Civic (1-3)- MeghrajHPE (4-6)- Deepa | OBTEAaitimaya | NepaliJanaki Acharya | MathematicsRadhaGhimire |
| **7 B** | EnglishTajubdin Miya | NepaliMegharajKafle | Social StudiesPramodPaudel | ComputerSanta Thapa | Civic (4-6)- HomnathHPE (1-3)- Homnath | ScienceSrijanaThapa | OBTELaxmi Ale | MathematicsKarun Kafle |
| **7 C** | ScienceKarun Kafle | ComputerSandeshAdhikari | MathematicsBijayaKhanal | EnglishLaxmi Ale | Social StudiesTajubdin Miya | HPE(1-3)- Saraswoti Civic (4-6)- Jhalak | OBTEPramodPaudel | NepaliMegharajKafle |
| **7 D** | EnglishLaxmi Ale | ScienceBijayaKhanal | ComputerSujan Shrestha | OBTETajubdin Miya | HPE (1-2)-SandeshAdhikariCivic (3-6)- Jhalak | NepaliUdayaBhattaria | Social StudiesAsha Thapa | MathematicsRaj Dharel |
| **6 A** | MathematicsSabitaAdhikari | EnglishPramodPaudel | ScienceKarun Kafle | OBTEAsha Thapa | Social StudiesUpendraPariyar | Civic (1-3)- MeghrajHPE (4-5)- Tajub | NepaliJamuna. | ComputerBinduChhetri |
| **6 B** | EnglishAsha Thapa | OBTEBinduChhetri | ComputerSunita Tiwari | NepaliKhum | ScienceSabita Acharya | Civic (4-6)- MeghrajHPE (1-3)- Tajub | MathematicsKarun Kafle | Social StudiesUpendraPariyar |
| **6 C** | Social StudiesSandeshAdhikari | ScienceSrijanaThapa | OBTEUpendraPariyar | EnglishAaitimayaTamang | NepaliUma Rana | Civic (1-3)-JhalakHPE (4-5)- Asha  | MathematicsUdayaBhattarai | ComputerSandeshAdhikari |
| **5 A** | NepaliPuspaPokherel | ScienceSunita Tiwari | Social StudiesAsha Thapa | MathematicsSabitaAdhikari | Paragon EngSunita Tiwari | Comput (1-3) UpendraGK(4-5)- Nabina | English SuppUpendraPariyar | NepaliPuspaPokherel |
| **5 B** | Social StudiesNabina Shrestha | Nabina Shrestha | NepaliKhum Bahadur | Nabina Shrestha | Nabina Shrestha | MathematicsSabitaAdhikari | ScienceSrijanaThapa | Nabina Shrestha |
| **5 C** | EnglishSunitaPantha | SunitaPantha | Social StudiesTajubdin Miya | SunitaPantha | NepaliKhumRana | SunitaPantha | ScienceSabita Acharya | SunitaPantha |
| **4 A** | Supplementary EngUpendraPariyar | NepaliUma Rana | NepaliUma Rana | ScienceSunita Tiwari | MathematicsSabitaAdhikari | Social SandeshAdhikari | GK (1-3)–Rajendra P.Computer(4-5)- Bindu | Paragon EnglishLaxmi Ale |
| **4 B** | Social StudiesKhemBahadurThapa | Mathematics Khem Bahadur | ParagonLaxmi Ale | ScienceBinduChhetri | NepaliPuspaPokhrel | NepaliKhumRana | GK (4-5)–RajendraComput (1-3)-Khem. | Supplementary Eng.KhemBahadurThapa |
| **3 A** | Social StudiesShantaKandel. | Paragon EnglishAaitimaya |  | Nepali PuspaPokherelMaths(4,5,6) Sabita A. | NepaliPuspaPokherel | Computer/GKRajendraPandit |  | ScienceSunita Tiwari | MathematicsSabitaAdhikari | Supplementary English PramodPaudel |
| **3 B** | ScienceSanimayaGurung | Social SanimayaGurung |  | MathematicsSanimayaGurung | Computer/GKRajendraPandit | EnglishSanimayaGurung |  | NepaliUma Rana | SanimayaGurung | NepaliUma Rana |
| **2 A** | NepaliJamunaPaudel | NepaliJamunaPaudel |  | ScienceSabita Acharya | EnglishRinkuKumari Thakur | EnglishSunita G.C. |  | MathematicsKhem Bahadur | Comp.(1-3)Sunita PanGK(4-5)-Pushpa Pokh. | Social StudiesShanta Devi Pantha |
| **2 B** | Supplement EnglishMadhu Shrestha | NepaliMadhu Shrestha |  | GK(1-3)Bindu ChhetriComp(4-6) Pushpa | Paragon EngSunita G.C. | NepaliMadhu Shrestha |  | MathMadhu Shrestha | ScienceMadhu Shrestha | SocialSunita G.C |
| **1 A** | NepaliNirmalaKhanal | NepaliNirmalaKhanal |  | ScienceSunita G.C. | MathematicsNirmalaKhanal | Social StudiesNirmalaKhanal |  | Computer/GKSanta Devi Pantha | EnglishSunita G.C. | English SuppNirmalaKhanal |
| **1 B** | EnglishRinkuKumari Thakur | RinkuKumari Thakur |  | Comp(1-3)GK(4-6)Shanta Pantha | NepaliJamunaPaudel | NepaliJamunaPaudel |  | RinkuKumari Thakur | RinkuKumari Thakur | RinkuKumari Thakur |
| **PP2** | EnglishLaxmi Devi Khanal | Laxmi Devi KhanalSunita G.C. |  | Laxmi Devi Khanal | Laxmi Devi Khanal | Laxmi Devi Khanal |  | Laxmi Devi Khanal |  |  |
| **PP1** | EnglishSaraswotiTimalsena | SaraswotiTimalsena |  | SaraswotiTimalsena | SaraswotiTimalsena | SaraswotiTimalsena |  | SaraswotiTimalsena |  |  |